

RONA Z. SILKISS

M.D., FACS

OCULOFACIAL PLASTIC, RECONSTRUCTIVE AND ORBITAL SURGERY

ADMINISTRATIVE OFFICE
400 29th Street, Suite 315
Oakland, CA 94609
Phone 510.763.0881
Fax 510.763.0907

Blood Thinner Instructions

In anticipation of your upcoming surgery, please do not ingest any brand of aspirin, or nonsteroidal anti-inflammatory medication, for two weeks prior to surgery. If you are on Coumadin (Warfarin), Plavix, Aggrenox or other blood-thinning medication prescribed by your physician, please consult with your physician to determine when (or if) this medication should be discontinued prior to your surgery. You may restart blood-thinners, aspirin and nonsteroidal anti-inflammatory medications the day after surgery. You should continue to take your other medications, especially high blood pressure and diabetes medications, on your usual schedule.

The following medications contain aspirin, nonsteroidal anti-inflammatory agents or other blood thinners. Certain vitamins and herbal supplements listed are also blood thinners and should be discontinued prior to surgery. Though this list is extensive, it is not fully comprehensive and there may be other blood thinners not listed. If you have any questions about a substance you are taking, please do not hesitate to contact us.

Aggrenox	Emprazil	Quiet World Analgesic
Aleve	Equagesic	Sleeping Aid
Alka Seltzer		Robaxisal
Anacin	Excederin	St. Joseph's Cold Tabs
Anaprox	Fiogesic	
APC	Fiorinal	Sine-Off Cold Tablets
Aspirin Formula	Fish Oil	Stanback Analgesic Powders
Arthritis Pain Formula	Flaxseed Oil	Supac
Arthritis Strength Bufferin	4-Way Cold Tablets	Synalgos
	Goddy's Headache Powder	Triaminic Tablets
Ascriptin		
Aspirin Suppositories	Ibuprofen	Vanquish
Advil	Indocin	Vitro-Med Tablets
Bayer Children's Cold Tabs	Midol	Vioxx
Buff-A-Comp	Motrin	Voltaren
	Naprosyn	Warfarin
Bufferin	Norgesic	Zorprin
Cama Inlay Tabs		
Celebrex	Omega 3 Fatty Acids	HERBS
Congesperin	Pabirin	Certain Chinese Herbs such as Ma
Cordicin Products	Pacaps	Huang and Dong Quoi
Coumadin	Plavix	Garlic Pills
Darvon with ASA	Panalgesic	Ginseng Pills
	Pedrazil	Gingko Pills
Dristan	Percodan	Ginger Pills
Ecotrin	Persistin	
Empirin	Plavix	

*Tylenol is ok to take prior to surgery